


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>Harbour Pointe Senior Living</p> <p>10200 Harbour Place Mukilteo, WA 98275 425-493-8555</p>		1 One on One Visits Paige N. Birthday 10:00 🚗 Hallway Activity Cart 2:30 🚗 Hallway Activity Cart	2 One on One Visits 10:00 🚗 Hallway Activity Cart 2:30 F 🚗 Hallway Happy Hour	3 One on One Visits Transportation Medical Appointments South 10:00 🚗 Hallway Activity Cart 2:30 🚗 Hallway Activity Cart	4 National Macadamia Nut Day One on One Visits 10:00 🚗 Hallway Activity Cart 3:00 🚗 Hallway Activity Cart with Macadamia Cookies	5 One on One Visits	
	6 One on One Visits 10:00 🚗 Hallway Activity Cart 2:30 🚗 Hallway Activity Cart	7 Labor Day One on One Visits 2:00 🚗 Hallway Ice Cream Social	8 David F. Birthday One on One Visits 10:00 🚗 Hallway Activity Cart 2:30 🚗 Hallway Activity Cart	9 National Teddy Bear Day One on One Visits 10:00 🚗 Hallway Activity Cart 2:30 F 🚗 Hallway Happy Hour	10 Margot Shiley Birthday One on One Visits Transportation Medical Appointments South 10:00 🚗 Hallway Activity Cart 2:30 🚗 Hallway Activity Cart	11 Bill M. Birthday One on One Visits 10:00 🚗 Chair Exercise Class 11:00 🌟 TED Talk with Regena "Nature is Everywhere- We just need to learn to see it." 1:30 🚗 Chair Exercise Class 2:00 🚗 Skipbo Card Game 2:30 🚗 Backyard Games	12 One on One Visits 9:15 A 🚗 Stretch with Pam 1:30 🚗 Chair Exercise Class Resident Led Today 3:00 🚗 Drop In Scrabble 5:15 🚗 Saturday Evening Movie "Oceans Twelve"
	13 Grandparents Day 10:00 🌟 Catholic Mass Live Stream St. Magdalen 10:00 🌟 Grab and Go Hand Crafted Cards Kits 10:00 🚗 Seated Exercise Class 10:30 🌟 Open Door Baptist Live Stream Service [MR] 10:45 🚗 Supervised Fitness Center With Core Strengthening [FC] 1:00 🚗 Movie Matinee "Ocean's Twelve" 1:30 🚗 Seated Exercise Class 2:45 🚗 Supervised Fitness Center With Core Strengthening [FC] 3:30 🚗 Drop In Poker Group	14 Transportation Medical Appointments North 10:00 🚗 Seated Exercise Class 10:45 🚗 Scenic Walk 1:30 🚗 Seated Exercise Class 2:30 🚗 Let's Make It with Regena 2:30 🚗 Wii Sports Bowling (Limit 2 Residents) 3:00 🚗 Drop In Yahtzee (open to 4 residents)	15 Gunvor O. Birthday National Nurses Day 10:00 🚗 Seated Exercise Class 10:45 🚗 Supervised Fitness Core/Hand Strengthening 1:30 🚗 Chair Exercise Class 2:00 🌟 Virtual Tour Vatican Museum [MR] 2:45 🚗 Supervised Fitness Core/Hand Strengthening 3:30 🚗 Candy Bingo with Chad (10 Residents) [MR] 4:00 🚗 Let's Play Spades	16 National Guacamole Day 10:00 🚗 Seated Exercise Class 10:30 🚗 Wii Sports Bowling [MR] 1:00 🚗 Movie Matinee with Popcorn "Winged Migration" [MR] 1:30 🚗 Seated Exercise Class 2:30 F 🚗 Hallway Happy Hour 3:00 🚗 Dementia Support Group Dealing With Depression [MR]	17 Transportation Medical Appointments South 10:00 🚗 Chair Exercise Class 10:45 🚗 Supervised Fitness Center With Core/Hand Strengthening 1:30 🚗 Chair Exercise Class 2:00 🚗 Rummikub 2:45 🚗 Supervised Fitness Center With Core Strengthening 3:30 🚗 Candy Bingo with Chad (Limit to 10 Residents) [MR] 4:00 🚗 Drop In Cribbage	18 Aurelia N. Birthday Rosh Hashanah Begins at Sundown 10:00 🚗 Chair Exercise Class 11:00 🌟 TED Talk with Regena "Stunning Photos of the Endangered Everglades" [MR] 1:30 🚗 Chair Exercise Class 2:00 🚗 Skipbo Card Game 2:30 🚗 Backyard Games	19 Alzheimer's Virtual Walk 9:15 A 🚗 Stretch with Pam 1:30 🚗 Chair Exercise Class Resident Led Today 3:00 🚗 Drop In Scrabble 5:15 🚗 Saturday Evening Movie "The Red Violin"
	20 Connie M. Birthday 10:00 🌟 Catholic Mass Live Stream St. Magdalen 10:00 🌟 Grab and Go Hand Crafted Cards Kits 10:00 🚗 Seated Exercise Class 10:30 🌟 Open Door Baptist Live Stream Service [MR] 10:45 🚗 Supervised Fitness Center With Core Strengthening [FC] 1:00 🚗 Movie Matinee "The Red Violin" 1:30 🚗 Seated Exercise Class 2:45 🚗 Supervised Fitness Center With Core Strengthening [FC] 3:30 🚗 Drop In Poker Group	21 Margaret W. Birthday Transportation Medical Appointments North 10:00 🚗 Seated Exercise Class 10:45 🚗 Scenic Walk 1:30 🚗 Seated Exercise Class 2:30 🚗 Wii Sports Bowling (Limit 2 Residents) 3:00 🚗 Drop In Yahtzee (open to 4 residents)	22 Autumn Begins 10:00 🚗 Seated Exercise Class 10:45 🚗 Supervised Fitness Core/Hand Strengthening 1:30 🚗 Chair Exercise Class 2:00 🌟 Virtual Tour Metropolitan Museum of Art New York [MR] 2:45 🚗 Supervised Fitness Core/Hand Strengthening 3:30 🚗 Candy Bingo with Chad (10 Residents) [MR] 4:00 🚗 Let's Play Spades	23 National Ice Cream Cone Day 10:00 🚗 Seated Exercise Class 10:30 🚗 Wii Sports Bowling [MR] 1:00 🚗 Movie Matinee with Popcorn "Steel Magnolias" [MR] 1:30 🚗 Seated Exercise Class 2:30 F 🚗 Hallway Happy Hour	24 Transportation Medical Appointments South 10:00 🚗 Chair Exercise Class 10:45 🚗 Supervised Fitness Center With Core/Hand Strengthening 1:30 🚗 Chair Exercise Class 2:00 🚗 Rummikub 2:45 🚗 Supervised Fitness Center With Core Strengthening 3:30 🚗 Candy Bingo with Chad (Limit to 10 Residents) [MR] 4:00 🚗 Drop In Cribbage	25 10:00 🚗 Chair Exercise Class 11:00 🚗 September Birthday Luncheon [PDR] 1:30 🚗 Chair Exercise Class 2:00 🚗 Skipbo Card Game 2:30 🚗 Backyard Games	26 9:15 A 🚗 Stretch with Pam 1:30 🚗 Chair Exercise Class Resident Led Today 3:00 🚗 Drop In Scrabble 5:15 🚗 Saturday Evening Movie "The King's Speech" [MR]
27 10:00 🌟 Catholic Mass Live Stream St. Magdalen 10:00 🌟 Grab and Go Hand Crafted Cards Kits 10:00 🚗 Seated Exercise Class 10:30 🌟 Open Door Baptist Live Stream Service [MR] 10:45 🚗 Supervised Fitness Center With Core Strengthening [FC] 1:00 🚗 Movie Matinee "The Kings Speech" 1:30 🚗 Seated Exercise Class 2:45 🚗 Supervised Fitness Center With Core Strengthening [FC] 3:30 🚗 Drop In Poker Group	28 Transportation Medical Appointments North 10:00 🚗 Seated Exercise Class 10:45 🚗 Scenic Walk 1:30 🚗 Seated Exercise Class 2:30 🚗 Let's Make It with Regena 2:30 🚗 Wii Sports Bowling (Limit 2 Residents) 3:00 🚗 Drop In Yahtzee (open to 4 residents)	29 10:00 🚗 Seated Exercise Class 10:45 🚗 Supervised Fitness Core/Hand Strengthening 1:30 🚗 Chair Exercise Class 2:00 🌟 Virtual Tour Van Gogh Museum Amsterdam [MR] 2:45 🚗 Supervised Fitness Core/Hand Strengthening 3:30 🚗 Candy Bingo with Chad (10 Residents) [MR] 4:00 🚗 Let's Play Spades	30 Lee B. Birthday National Coffee Day 10:00 🚗 Seated Exercise Class 10:30 🚗 Wii Sports Bowling [MR] 1:00 🚗 Movie Matinee with Popcorn "Garden State" [MR] 1:30 🚗 Seated Exercise Class 2:30 F 🚗 Hallway Happy Hour	Location Keys Fitness Center FC Media Room MR Private Dining Room PDR 📷 Be Adventurous 🚗 Be Challenged 🚗 Be Connected 🚗 Be Family 🌟 Be Inspired 🚗 Be Social 🚗 Be Well			