


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Anita A. Birthday Marjorie J. Birthday National Peanut Butter Lovers Day 9:15 A ♥ Light Exercise [AR] 10:00 ☆ Hand Crafted Cards 1:00 F ☆ Movie Matinee Victoria & Abdul [M]	Doctor Appointments North 9:15 A ♥ Light Exercise [AR] 10:30 ☆ Crafts with Regena 2:00 🏠 Wii Sports Bowling [M] 3:30 ☆ TED Talk with Regena [M]	Rose L. Birthday 9:15 A 🏠 Light Exercise [AR] 10:00 ♥ Pet Visit with Stanley 10:00 ♥ Walgreen's Shopping 11:15 ☆ Catholic Communion [M] 2:00 ♥ Supervised Fitness Center [FC] 2:30 ♥ Core Strengthening [FC] 3:00 F ☆ Bible Travels with Mary [M] 3:15 🏠 Brain Games	Joanne C. Birthday 7:15 🏠 Toastmaster Meeting [M] 9:15 A 🏠 Light Exercise [AR] 10:00 🛒 Shopping Trip to Trader Joe's [L] 1:00 🎬 Classic Movie Matinee It's Always Fair Weather [M] 2:30 F 🎵 Happy Hour Music with Danny Ward [C] 4:00 🏠 Armchair Travel America's Heritage in Story, Scenery & Song [M]	Doctor Appointments South 9:15 A 🏠 Light Exercise [AR] 9:15 ♥ Michael's Tender Foot Care 10:00 🎤 Current Events with Mike [M] 2:00 F 🎲 Rummikub Board Game [AR] 2:00 ♥ Supervised Fitness Center [FC] 2:30 ♥ Core Strengthening [FC] 3:00 F 🎲 Candy Bingo with Chad [M] 4:00 F 🎲 Woggie Pet Visit [L]	Harbour Pointe Salon Open with Margaret National Dress in BLUE Day 9:15 A 🏠 Light Exercise [AR] 10:00 🛒 QFC Groceries/Banking/Walgreens [L] 1:00 🏠 Pinochle 1:00 🏠 Scrabble 2:00 F 🎲 Skipbo Card Game [AR] 5:30 🎵 Dinner Music with Paole	Harbour Pointe Salon Open with Sandra 9:15 A 🏠 Light Exercise [AR] 10:00 🏠 Wayne's World Men's Group [AR] 2:00 F ☆ Open Worship Sing a long AL Cafe' 6:30 F 🎬 Movie The Maltese Falcon [M]		
Daylight Saving Time Begins Pat H. Birthday 9:15 A ♥ Light Exercise [AR] 10:00 ☆ Hand Crafted Cards 1:00 F ☆ Movie Matinee Maltese Falcon [M]	Doctor Appointments North 9:15 A ♥ Light Exercise [AR] 10:30 ☆ Crafts with Regena 2:00 🏠 Wii Sports Bowling [M] 3:30 ☆ TED Talk with Regena [M]	9:15 A 🏠 Light Exercise [AR] 10:00 🏠 Downtown Edmonds & Lunch 10:00 ♥ Pet Visit with Stanley 11:15 ☆ Catholic Communion [M] 1:30 ♥ Hearing Aid Clinic 2:00 ♥ Supervised Fitness Center [FC] 2:30 ♥ Core Strengthening [FC] 3:00 F ☆ Bible Travels with Mary [M] 3:15 🏠 Brain Games	Roy B. Birthday 7:15 🏠 Toastmaster Meeting [M] 9:15 A 🏠 Light Exercise [AR] 10:00 🛒 Tulalip Casino and Outlet Mall Shopping [L] 1:00 🎬 Classic Movie Matinee Call Me Madam [M] 2:30 F 🎵 Happy Hour New Resident Welcome [C] 4:00 🏠 Armchair Travel America's Heritage in Story, Scenery & Song [M]	Doctor Appointments South Girl Scout Day 9:15 A 🏠 Light Exercise [AR] 10:00 🎤 Current Events with Mike [M] 10:30 ♥ Art Studio with Heidi [AR] 2:00 F 🎲 Rummikub Board Game [AR] 2:00 ♥ Supervised Fitness Center [FC] 2:30 ♥ Core Strengthening [FC] 3:00 F 🎲 Candy Bingo with Chad [M] 4:00 F 🎲 Woggie Pet Visit [L]	Bill D. Birthday Harbour Pointe Salon Open with Margaret 9:15 A 🏠 Light Exercise [AR] 10:30 ♥ Mukilteo Library [L] 10:00 🛒 Safeway Groceries/Banking/Walgreens [L] 1:00 🏠 Pinochle 1:00 🏠 Scrabble 2:00 F 🎲 Skipbo Card Game [AR]	Harbour Pointe Salon Open with Sandra National Pi Day 9:15 A 🏠 Light Exercise [AR] 10:00 🏠 Wayne's World Men's Group [AR] 6:30 F 🎬 Movie Brigadoon [M]		
9:15 A ♥ Light Exercise [AR] 10:00 ☆ Hand Crafted Cards 1:00 F ☆ Movie Matinee Brigadoon [M]	Doctor Appointments North 9:15 A ♥ Light Exercise [AR] 10:30 ☆ Crafts with Regena 2:00 🏠 Wii Sports Bowling [M] 3:30 ☆ TED Talk with Regena [M]	St. Patrick's Day 9:15 A 🏠 Light Exercise [AR] 10:00 ♥ Pet Visit with Stanley 11:15 ☆ Catholic Communion [M] 2:00 ♥ Supervised Fitness Center [FC] 2:30 ♥ Core Strengthening [FC] 3:00 F ☆ Bible Travels with Mary [M] 3:15 🏠 Brain Games	7:15 🏠 Toastmaster Meeting [M] 9:15 A 🏠 Light Exercise [AR] 10:00 🛒 Shopping Trip to Fred Meyer [L] 2:30 F 🎵 Happy Hour music with Jim Smith [C] 3:00 🎤 Dementia/Alzheimer's Support Group [M] 4:00 🏠 Armchair Travel America's Heritage in Story, Scenery & Song [M]	Delores H. Birthday Doctor Appointments South 9:15 A 🏠 Light Exercise [AR] 10:00 🎤 Current Events with Mike [M] 2:00 F 🎲 Rummikub Board Game [AR] 2:00 ♥ Supervised Fitness Center [FC] 2:30 🏠 All Staff Meeting 3:00 F 🎲 Candy Bingo with Chad [M] 4:00 F 🎲 Woggie Pet Visit [L]	Harbour Pointe Salon Open with Margaret 9:15 A 🏠 Light Exercise [AR] 10:00 🛒 QFC Groceries/Banking/Walgreens [L] 1:00 🏠 Pinochle 1:00 🏠 Scrabble 1:30 🎤 Resident Association Meeting [M] 2:00 F 🎲 Skipbo Card Game [AR] 4:30 🎵 Dinner Music with Gary Hood	Common Courtesy Day Harbour Pointe Salon Open with Sandra 9:15 A 🏠 Light Exercise [AR] 10:00 🏠 Wayne's World Men's Group [AR] 2:00 ☆ Open Worship MS Dining Room 6:30 F 🎬 Movie Heart of A Secret [M]		
9:15 A ♥ Light Exercise [AR] 10:00 ☆ Hand Crafted Cards 1:00 F ☆ Movie Matinee Heart of a Secret [M]	Doctor Appointments North 9:15 A ♥ Light Exercise [AR] 10:00 ☆ SNO-ISLE Library on Wheels 10:30 ☆ Crafts with Regena 2:00 🏠 Wii Sports Bowling [M] 3:30 ☆ TED Talk with Regena [M]	9:15 A 🏠 Light Exercise [AR] 10:00 ♥ Ageless Grace Fitness 10:00 ♥ Pet Visit with Stanley 11:15 ☆ Catholic Communion [M] 2:00 ♥ Supervised Fitness Center [FC] 2:30 ♥ Core Strengthening [FC] 3:00 F ♥ Art Studio with Heidi 3:00 F ☆ Bible Travels with Mary [M] 3:15 🏠 Brain Games	7:15 🏠 Toastmaster Meeting [M] 9:15 A 🏠 Light Exercise [AR] 10:00 🛒 Shopping Trip to Macy's [L] 1:00 🎬 Classic Movie Matinee West Side Story [M] 2:30 F 🎵 Happy Hour Music with Uncle Doug 4:00 🏠 Armchair Travel America's Heritage in Story, Scenery & Song [M]	Doctor Appointments South 9:15 A 🏠 Light Exercise [AR] 10:00 🎤 Current Events with Mike [M] 2:00 F 🎲 Rummikub Board Game [AR] 2:00 ♥ Supervised Fitness Center [FC] 2:30 ♥ Core Strengthening [FC] 3:00 F 🎲 Candy Bingo with Chad [M] 4:00 F 🎲 Woggie Pet Visit [L]	Harbour Pointe Salon Open with Margaret 9:15 A 🏠 Light Exercise [AR] 10:30 ♥ Mukilteo Library [L] 10:00 🛒 Safeway Groceries/Banking/Walgreens [L] 1:00 🏠 Pinochle 1:00 🏠 Scrabble 2:00 F 🎲 Skipbo Card Game [AR]	Harbour Pointe Salon Open with Sandra 9:15 A 🏠 Light Exercise [AR] 10:00 🏠 Wayne's World Men's Group [AR] 1:00 🎵 Everett Civic Music 6:30 F 🎬 Movie For The Love Of The Game [M]		
9:15 A ♥ Light Exercise [AR] 10:00 ☆ Hand Crafted Cards 1:00 F ☆ Movie Matinee For The Love of the Game [M]	Doctor Appointments North 9:15 A ♥ Light Exercise [AR] 10:30 ☆ Crafts with Regena 2:00 ☆ Book Club 2:00 🏠 Wii Sports Bowling [M] 3:30 ☆ TED Talk with Regena [M]	Carolyn M. Birthday 9:15 A 🏠 Light Exercise [AR] 10:00 ♥ Ageless Grace Fitness 10:00 🏠 Mystery Drive with Chad 10:00 ♥ Pet Visit with Stanley 11:15 ☆ Catholic Communion [M] 2:00 ♥ Supervised Fitness Center [FC] 2:30 ♥ Core Strengthening [FC] 3:00 F ☆ Bible Travels with Mary [M] 3:00 🎵 Monthly Birthday Party 3:15 🏠 Brain Games	 Harbour Pointe <i>Senior Living</i> 10200 Harbour Place Mukilteo, WA 98275 425-493-8555			Location Keys Activity Room AR Cafe C Fitness Center FC Lobby L Media Room M		🏠 Be Adventurous 🏠 Be Challenged 🎤 Be Connected 🏠 Be Family ☆ Be Inspired 🎲 Be Social ♥ Be Well