


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Harbour Pointe Senior Living	<ul style="list-style-type: none"> Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well 	<p style="text-align: center;">Location Keys</p> Activity Room AR Cafe C Dining Room DR Lobby L Media Room M		Doctor Appointments going South 1 9:15 A Light Exercise [AR] 10:00 Current Events with Mike [M] 11:00 Tai Chi with Larry [AR] 2:00 F Rummikub Board Game [AR] 3:00 F Candy Bingo [M] 4:00 F Woggie Pet Visit [L]	Harbour Pointe Salon Open with Margaret 2 National Ice Cream Sandwich Day 9:15 A Light Exercise [AR] 10:00 Groceries/Banking/Walgreens [L] 10:30 Mukilteo Library [L] 1:00 Scrabble 2:00 F Skipbo Card Game [AR] 2:00 F Wii Sports Bowling [M] 5:30 Dinner Music with Paole	Harbour Pointe Salon Open with Sandra 3 9:15 A Light Exercise [AR] 10:00 Edmonds Farmers Market 10:00 Wayne's World Men's Group [AR] 11:00 Walking Group [L] 2:00 F Open Worship Sing a long AL Dining Room [DR] 6:30 F Movie [M]
National Chocolate Chip Cookie Day 4 9:15 A Light Exercise [AR] 10:00 Hand Crafted Cards 1:00 F Movie Matinee [M] 2:00 F Bridge Club (Please sign up at Front Desk) [AR] 2:00 Chocolate Chip Cookies Served 2:00 Poker Group (Please sign up at front desk) 4:00 TED Talk with Chad [M]	Doctor Appointments going North 5 9:15 A Light Exercise [AR] 11:00 Walking Group with Skip 2:30 Write a Short Story 6:00 Let's Play Yahtzee	National Night Out Against Crime 6 9:15 A Light Exercise [AR] 10:00 Shopping Trip to Walgreens [L] 10:30 Crafts with Regena 11:00 Walking Group [L] 11:15 Catholic Communion [M] 2:00 p Ageless Grace Fitness [AR] 3:00 F Bible Travels with Mary [M]	National Lighthouse Day Warren L. Birthday 7 7:15 Toastmaster Meeting [M] 9:15 A Light Exercise [AR] 10:00 Shopping Trip to Trader Joe's [L] 11:00 Walking Group 2:30 F Happy Hour Music with Danny Ward [C] 4:00 Armchair Travel Lighthouses Across America [M]	Doctor Appointments going South 8 9:15 A Light Exercise [AR] 10:00 Current Events with Mike [M] 10:30 Art Studio with Heidi [C] 11:00 Tai Chi with Larry [AR] 2:00 F Rummikub Board Game [AR] 3:00 F Candy Bingo [M] 4:00 F Woggie Pet Visit [L]	Harbour Pointe Salon Open with Margaret 9 National Bowling Day 9:15 A Light Exercise [AR] 10:00 Groceries/Banking/Walgreens [L] 12:00 Lunch Out Location Golden House 1:00 Scrabble 2:00 F Skipbo Card Game [AR] 2:00 F Wii Sports Bowling [M]	Harbour Pointe Salon Open with Sandra 10 9:15 A Light Exercise [AR] 10:00 Wayne's World Men's Group [AR] 11:00 Walking Group [L] 2:00 Mukilteo Citizen of the Year Celebration 6:30 F Movie [M]
9:15 A Light Exercise [AR] 11 10:00 Hand Crafted Cards 1:00 F Movie Matinee [M] 2:00 F Bridge Club (Please sign up at Front Desk) [AR] 2:00 Poker Group (Please sign up at front desk)	Doctor Appointments going North 12 9:15 A Light Exercise [AR] 11:00 Walking Group with Skip 3:30 Arrange Flowers for Dining Room 6:00 Let's Play Yahtzee	9:15 A Light Exercise [AR] 13 10:30 Crafts with Regena 11:00 Walking Group [L] 11:15 Catholic Communion [M] 1:30 Hearing Aid Clinic 2:00 p Ageless Grace Fitness [AR] 3:00 F Bible Travels with Mary [M]	7:15 Toastmaster Meeting [M] 14 9:15 A Light Exercise [AR] 10:00 Shopping Trip to Target/Kohls [L] 11:00 Walking Group 2:30 F Happy Hour [C] 4:00 Armchair Travel America's Heritage in Story, Scenery & Song [M]	Doctor Appointments going South 15 Jan T. Birthday 9:15 A Light Exercise [AR] 9:15 Michael's Tender Foot Care 10:00 Current Events with Mike [M] 11:00 Tai Chi with Larry [AR] 2:00 F Rummikub Board Game [AR] 2:30 Dairy Queen Blizzard Day Outing 3:00 F Candy Bingo [M] 4:00 F Woggie Pet Visit [L]	Harbour Pointe Salon Open with Margaret 16 National Tell A Joke Day 9:15 A Light Exercise [AR] 10:00 Groceries/Banking/Walgreens [L] 10:30 Mukilteo Library [L] 11:00 Coffee and Tell A Joke 1:00 Scrabble 2:00 F Skipbo Card Game [AR] 2:00 F Wii Sports Bowling [M] 5:15 Dinner Music with Gary Hood	Harbour Pointe Salon Open with Sandra 17 9:15 A Light Exercise [AR] 10:00 Edmonds Farmers Market 10:00 Wayne's World Men's Group [AR] 11:00 Walking Group [L] 2:00 Open Worship MS Dining Room 6:30 F Movie [M]
9:15 A Light Exercise [AR] 18 10:00 Hand Crafted Cards 1:00 F Movie Matinee [M] 2:00 F Bridge Club (Please sign up at Front Desk) [AR] 2:00 Poker Group (Please sign up at front desk)	Doctor Appointments going North 19 National Aviation Day 9:15 A Light Exercise [AR] 10:00 Make and Fly Paper Airplanes 11:00 Walking Group with Skip 2:00 Sip and Paint with Heidi and Regena 3:00 Veteran's Hour [M] 6:00 Let's Play Yahtzee	National Lemonade Day 20 9:15 A Light Exercise [AR] 10:30 Resident Association Meeting [M] 11:00 Walking Group [L] 11:15 Catholic Communion [M] 2:00 p Ageless Grace Fitness [AR] 2:30 Lemonade and Cookies	7:15 Toastmaster Meeting [M] 21 9:15 A Light Exercise [AR] 10:00 Shopping Trip to Costco [L] 11:00 Walking Group 2:30 F Happy Hour music with Jim Smith [C] 4:00 Armchair Travel America's Heritage in Story, Scenery & Song [M]	Doctor Appointments going South 22 9:15 A Light Exercise [AR] 10:00 Current Events with Mike [M] 11:00 Tai Chi with Larry [AR] 2:00 F Rummikub Board Game [AR] 3:00 F Candy Bingo [M] 4:00 F Woggie Pet Visit [L] 4:30 Dinner Out Applebees	Harbour Pointe Salon Open with Margaret 23 9:15 A Light Exercise [AR] 10:00 Groceries/Banking/Walgreens [L] 1:00 Scrabble 2:00 F Skipbo Card Game [AR] 2:00 F Wii Sports Bowling [M]	Harbour Pointe Salon Open with Sandra 24 9:15 A Light Exercise [AR] 10:00 Wayne's World Men's Group [AR] 11:00 Walking Group [L] 2:15 p Mystery Drive with Skip [L] 6:30 F Movie [M]
9:15 A Light Exercise [AR] 25 10:00 Hand Crafted Cards 1:00 F Movie Matinee [M] 2:00 F Bridge Club (Please sign up at Front Desk) [AR] 2:00 Poker Group (Please sign up at front desk) 2:30 Banana Splits 4:00 TED Talk with Chad [M]	Barry S. Birthday 26 Doctor Appointments going North 9:15 A Light Exercise [AR] 10:00 SNO-ISLE Library on Wheels 11:00 Walking Group with Skip 2:30 Brain Games 3:30 Arrange Flowers for Dining Room 6:00 Let's Play Yahtzee	9:15 A Light Exercise [AR] 27 10:00 Outing Location Langley Whidbey Island [L] 11:00 Walking Group [L] 11:15 Catholic Communion [M] 2:00 p Ageless Grace Fitness [AR] 3:00 F Art Studio with Heidi 3:00 F Bible Travels with Mary [M]	Martha G. Birthday 28 National Red Wine Day 7:15 Toastmaster Meeting [M] 9:15 A Light Exercise [AR] 10:00 Shopping Trip to TJ Maxx [L] 11:00 Walking Group 2:30 F Happy Hour Red Wine Tasting [C] 4:00 Armchair Travel America's Heritage in Story, Scenery & Song [M]	Doctor Appointments going South 29 9:15 A Light Exercise [AR] 10:00 Current Events with Mike [M] 11:00 Tai Chi with Larry [AR] 2:00 F Rummikub Board Game [AR] 3:00 F Candy Bingo [M] 4:00 F Woggie Pet Visit [L]	Harbour Pointe Salon Open with Margaret 30 9:15 A Light Exercise [AR] 10:00 Groceries/Banking/Walgreens [L] 10:30 Mukilteo Library [L] 1:00 Scrabble 2:00 F Skipbo Card Game [AR] 2:30 August Birthday Party Music with Larry & Diane	Harbour Pointe Salon Open with Sandra 31 9:15 A Light Exercise [AR] 10:00 Wayne's World Men's Group [AR] 11:00 Walking Group [L] 2:15 p Mystery Drive with Skip [L] 6:30 F Movie [M]